

# CARE CONNECTION LIFESPAN RESPITE PROGRAM



Care Connection Aging and Disability Resource Center's **Lifespan Respite Program** gives caregivers the time to *rest, recharge and refuel*, so they can continue to provide care to their loved ones.



## What types of respite services are available?

The Lifespan Respite Care Program issues vouchers that can be used to pay for—

- someone to come into the home;
- adult daycare services;
- certified individuals outside of the home to provide recipient care while the caregiver is away; or
- children's activity day camps

Lifespan Respite Program services  
Harris County residents

**Contact us!**



**To learn more about eligibility,  
to refer a caregiver or for  
additional information,  
please call  
1-855-YES-ADRC (937-2372)  
and ask about the  
Lifespan Respite Program.**