



Hello Readers,

It's fall ya'll! Too early? Let's rewind a bit then. This past August, we welcomed our new Administration Manager, Dr. Jennifer Garza. Dr. Garza brings a breadth of experiences and leadership to the ADRC. We are glad to have her with us! Here at the ADRC, our information and referral staff continue to receive top number of calls, assisting individuals with finding resources they need. We also continue with our efforts to help people who need in-home COVID-19 vaccines and boosters, as well as respite vouchers and transportation.

Now back to autumn dreaming. It may be hot in Houston, but September is here! School is back in full swing, and store aisles are adorned with fall décor, signaling that we will transition to a new season. September brings awareness to many meaningful and special activities such as National Hispanic Heritage Month, National Suicide Awareness Month, National Preparedness Month and many more. We hope you take the time to explore what this time of the year brings!

-Libby

Helpful Resources

Suicide Prevention Awareness Month (SPAM) | NAMI: National Alliance on Mental Illness

National Hispanic American Heritage Month 2022 (hispanicheritagemonth.gov)

Preparedness | Are you Ready? – Office of Emergency Management (houstonoem.org)

ADRC Team Member Highlight:



Meet
Dr. Jennifer Garza,
our ADRC
Administration
Manager.